

# Lehi Community Council Newsletter

## Asset #36

### Peaceful Conflict Resolution

Goal: To help children resolve conflicts nonviolently

*To teach your family how to solve conflicts in a peaceful manner, practice conflict resolution at home. For example, when a conflict arises: 1) Have everyone involved state their needs and wants without blaming others; 2) Have everyone really listen and try to understand each other; 3) Stay focused on the conflict at hand; don't bring up other conflicts; 4) Emphasize creative problem solving and new solutions; 5) Negotiate until you reach a win-win result. In addition, allow family members to leave the discussion when they're too angry to resolve the conflict peacefully and agree on a time to reconvene and try again. Talk about small conflicts before they become big problems. Finally, teach your children that hitting, pushing, kicking or other violent behaviors are not OK! This goes for adults in the family, too.*

## *“Dress for Success”*

Lehi's 2nd Annual fashion show on modest clothing is on March 8 at Lehi High School. Bring your daughters *and* sons, as modest clothing for everyday wear, prom fashions and business success will be modeled by their classmates. To volunteer to help, please contact Susan Wilson at 768-9710.

## Service Opportunities

### STRENGTHEN UTAH COUNTY YOUTH

Be a foster friend to a child in need through the Utah Foster Care Foundation. Foster friends help by mentoring, tutoring, facilitating children's groups or helping at special events and in the office. The time commitment is flexible. Volunteers must be 18, pass a background check and complete foster care training.

For more information, contact Tina at 373-3006.

### BE A MENTOR, CHANGE A LIFE

The Community Action Youth Program pairs mentors with a child (ages 8 to 12) to give them a strong self-image and necessary skills to become the future leaders of our community. Mentors must be at least 21 years old, pass background checks, have an insured automobile and commit to serving two hours each week. For more information, contact Jen at 373-8200 ext. 237.

### PARTICIPATE WITH FAMILY ACTIVITIES

Youth and Families with Promise

mentor program targets at-risk families, specifically those with children between the ages of 10 and 14. Volunteers participate with the youth in weekly activities and a monthly “Family Night Out,” an event where all family members are invited and learn to develop skills they can use at home. Volunteers must be 18 years old, and commit to two to three hours each week. For more information, contact Kathy at 370-8435.

### POSITIVELY INFLUENCE A NEW FAMILY

Visit first-time parents with new babies as a home visitor through the Welcome Baby program. Share information about development and community resources, and serve as a peer-parent. To qualify as a volunteer home visitor, one must have experience with childcare, either as a parent, caregiver or student. Become a home visitor and enjoy the fulfillment of strengthening families in your community. Have fun interacting with infants, mentoring parents and giving back to the community by sharing insights from your personal experiences

*continued on page 2*



### December "Yards of the Month"

Congratulations to the four Lehi homes recognized for the best Christmas decorations! Winners were the following four homes:

1. 552 West 1200 North (excellent)
2. 123 South Center Street
3. 2105 North 825 East
4. 724 South 1580 West

They will each receive \$50 in Lehi City Power bucks. Johnny Barnes, the overall winner, has chosen to donate his prize to one of the families that Lehi Family Week was helping with Sub-for-Santa.

### Appreciations Abound

The holiday season may be over, but lives are still being blessed after thousands participated in the fifth annual Interfaith Celebration of the Birth of Jesus. The organizing committee wishes to extend heartfelt thanks to all who participated and helped make the December event so successful. It is nice to take the time to celebrate the Savior's birth with our families and neighbors of all faiths and remember the true reason for the season.

The Lehi Family Week Committee wishes to thank all who participated in their first annual Sub for Santa program. This event was so successful that it has actually changed lives. There is nothing so rewarding as reaching out and lifting up another. Both those who gave as well as those who received benefited. We look forward to continuing with this wonderful service project again next year.

### "The Goodbye Girl"

Come see "The Goodbye Girl" March 10-25! Sponsored by the Lehi Arts Council, the show will take place at the Lehi Arts Center, 685 N Center Street. "Fiddler On The Roof, Jr.," by the Children's Musical Theater, will follow April 3, 6-8.

### Look Out for the Lehi Ledger!

Everyone should watch for their Lehi Ledger that comes with the Lehi bill. The Ledger this month will contain a survey about the future use of the old outdoor pool property. After the surveys have been returned (by Feb. 28), the Parks and Trails Advisory Committee will hold an open house on Wed., March 15 from 7 p.m. - 9 p.m. at the Lehi Senior Center. There will be presentations to educate the public on the various proposals for the property. Attendees will then be given the opportunity to submit their preference that night.

### Service Opportunities cont.

with children. For more information, contact Adriene at 374-8108.

### MENTOR PATRONS AT THE FOOD AND CARE COALITION

The mentor advocate program (MAP) is the heart and soul of the Coalition. Its purpose is to link community mentors with Food and Care Coalition patrons who then offer their friendship, guidance and support in aiding each patron reach their own potential of self-reliant living. For more information, contact Lynn at 373-1825.

### POSITIVELY INFLUENCE A YOUNG PERSON'S LIFE

Safety Net mentors are encouraged to include kids in recreational, cultural, educational and service activities and to involve them in their daily responsibilities, such as shopping, cooking, yard work and even laundry to help teach them life skills. Mentors also include the kids in activities with their family, friends and roommates. Volunteers must be at least 21 years old and commit to at least one year. Volunteers must agree to spend a minimum of one hour per week with the child. For more information, contact Karla at 374-7637.

### Second Annual Lehi Marriage Week - February 7-14, 2006

This year's contest is to find the Married Couples that have lived in Lehi the longest. Prizes for the top three winners will be provided by the Lehi Chamber of Commerce. We would also like to make a list of all of the married couples that live in Lehi that have been married for 50 or more years. Please submit the information to Linda Turner at 768-1102 or lturner@networld.com.

Prizes will be awarded at the special Lehi Marriage Week event that will be held at the Lehi Stake Center, 200 North Center Street, February 12, 2006 at 7 PM. This will be a community/family event that will last approximately one hour with the theme of "Strong Marriages Strengthen Families, Children, and their Community". Rebecca Merrill (wife of Elder A. Roger Merrill, General Sunday School President for the Church of Jesus Christ of Latter-day Saints) will be the featured speaker. Pastor Chuck Lovelady of the Timpanogos Baptist Church and Reverend Miki Laws of the Community Presbyterian Church in American Fork both support and plan to attend the event. Lehi City Chorale will also perform a musical number.

*To contribute to this newsletter, please contact Linda Turner, 768-1102, lturner@networld.com, or Kelly Wanlass, 766-2362, kelly@wanlass.com. Visit www.lehicity.com for an online copy of this newsletter.*